



# Matt Paxton

**Legacy Navigator**

**Host, Hoarders Show**

Matt Paxton is one of the top hoarding clean-up experts in the United States. Paxton is the founder of Clutter Cleaner, author of *“The Secret Lives of Hoarders”*, and has appeared in over 80 episodes of the television show HOARDERS.

Matt helped found the first national hoarding awareness and solutions focused non-profit, The Hoarding Project. Most recently, Paxton has used his vast experience to create Legacy Navigator, a company dedicated to guiding families through their options after a death or during a difficult transition, like downsizing or divorce. Matt travels the country speaking about hoarding awareness, eldercare, and effective communication across generations. When not traveling, Matt lives in Virginia with his wife and 3 sons.